

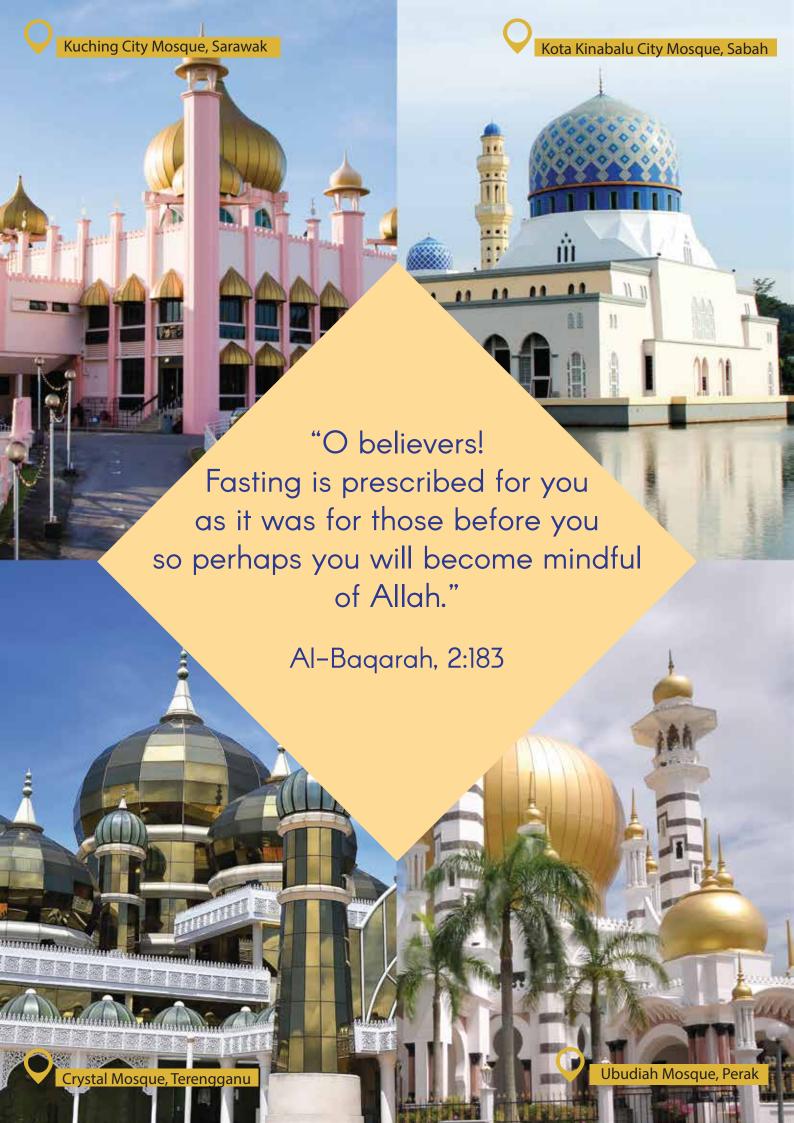


MAY THIS BE OUR BEST RAMADAN



No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, scanning, or otherwise, without prior written permission of Islamic Tourism Centre.

The publisher has made every effort to ensure that all information herein is up-to-date and correct at the time of printing. The publisher disclaims all and any liability and responsibility to any person, entity, or corporation who acts or fails to act as a consequence of any reliance upon the whole or any part of the contents of this publication.









لِينَ اللَّهِ اللّ

Dear brothers and sisters,

On behalf of Islamic Tourism Centre (ITC), assalamualaikum, peace be upon you! I extend to you our warmest greetings and good wishes at this important time.

As Muslims all over the world welcome the blessings of Ramadan, let us take this opportunity to reflect upon the meaning of Ramadan this year. The new norms like the movement control orders, working from home, wearing masks, and physical distancing, with intention to protect our health and safety, have relatively challenged the way we lived, worked, and practised our faith.

As challenging as this may seem, our faith has actually prepared us for this through the practise of being in moderation and restraint. More so during this Ramadan -- our daily fasting, focus on extra prayers, charity, and taubah, shall give us the strength to continue to do more with less.

Indeed, the month of Ramadan which falls again during such isolating times, shall be welcomed in the spirit of gratefulness as we embrace this time and space for further reflection and nurturing of the wellbeing of our physical, spiritual, and mental selves.

Islamic Tourism Centre is pleased to share with you the suggested ways in which we can manifest a more productive and fulfilling Ramadan through the simple practices shared in this booklet.

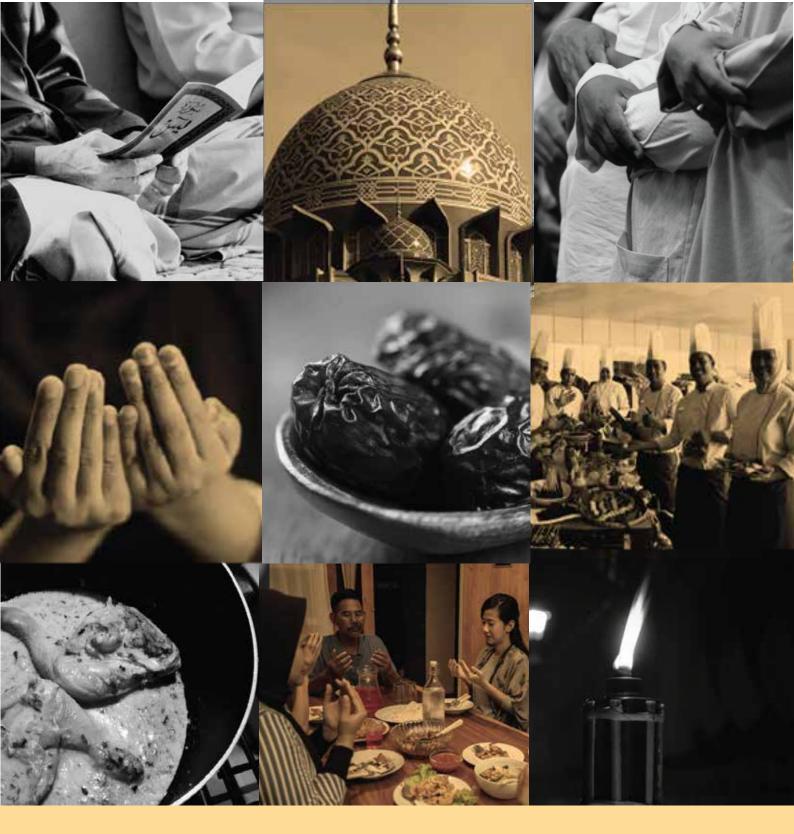
Take heart that while we may miss the freedom to gather and travel physically, the breadth and depth that our mind journeys to within ourselves this Ramadan through conscious reflections may be even more enlightening.

Insha Allah, these difficult times shall pass, and in the meantime, we must remain grateful and persistent to endure.

We wish you and your loved ones and ourselves a rewarding and successful Ramadan. We pray that Allah (SWT) grants us health and imaan to seek His reward through good deeds. Aamiin.

Dato' Dr. Mohmed Razip Hasan

Director General Islamic Tourism Centre Ministry of Tourism, Arts and Culture Malaysia



Ramadan, the holy month for Muslims, is here again, albeit in a slightly different form due to the new norms adopted to ward off the spread of Covid-19.

The special aspects of Ramadan in Malaysia -- the congregational night prayers, the Ramadan bazaars, and mass iftars at hotels -- have been reduced and conducted in moderation for safety and hygiene reasons.

Still, there is no reason for these to refrain us from receiving the best Ramadan blessings for ourselves. Instead, it may be a blessing in disguise for us to be better versions of ourselves.

Make this the best time for our prayers for protection against Covid-19 to be answered. Make this the best time to correct our ways and be more generous. Make this the best time to improve our worship and devotion. Make this the best time to embrace the teachings of Ramadan for self-discipline, self-control, sacrifice, and empathy.

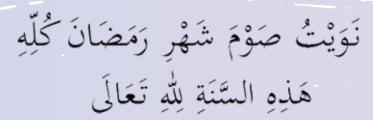
RAMADAN INTENTIONS AND DUAS



"The reward of deeds depends upon the intentions and every person will get the reward according to what he has intended."

Sahih al-Bukhari

Niyyat for fasting in the whole month of Ramadan



"I intend to do obligatory fast for the whole month of Ramadan this year because of Allah."

Niyyat for the daily fast in Ramadan

نَوَيْتُ صَوْمَ غَدٍ عَنْ أَدَاءِ فَرْضِ شَهْرِ رَمَضَانَ هَذِهِ السَّنَةِ لِلهِ تَعَالَى

"I intend to do obligatory fast tomorrow in the month of Ramadan this year because of Allah."

Dua for breaking fast

اَللَّهُمَّ لَكَ صُمْتُ وَ عَلَى رِزْقِكَ أَفْطَرْتُ

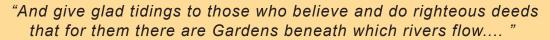
"O Allah! I fasted for You. With Your food do I break my fast."

Dua for protection against diseases

اللَّهُمَّ إِنِّي أَعُوْذُ بِكَ مِنَ الْبَرَصِ وَالْجُنُونِ وَالْجُذَامِ وَمِنْ سَيِّئِ الْأَسْقَامِ

"O Allah! I seek Your protection from leukoderma, insanity, leprosy and from evil diseases."

GOOD DEEDS IN RAMADAN



Al-Baqarah, 2:25



M Reciting the Al-Quran

Giving charity (sadaqah) and being generous

Attending knowledge gatherings

Increasing prayers, remembrance and blessings for the Prophet

Giving a feast to the fasting people

Reciting the prayer before breaking the fast

Immediately breaking the fast without delay

Breaking fast with dates or something sweet

Pay Zakat Fitrah at authorised Zakat counters or through the respective State Islamic Religious Council's website

ACTION PLANS FOR RAMADAN



Make this Ramadan the turning point in your life.

Break free from the deceptions of this world and indulge into the sweetness of iman.

I WANT TO FEEL	
I WANT	TO IMPROVE
GOALS	ACTION STEPS

RAMADAN CHECKLIST

-•♦

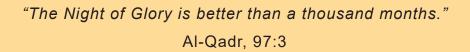
Make an intention now to make this the best Ramadan ever!

	Ø				
	Fast	Pray	Al-Quran	Charity	Tarawih
1 Ramadan					
2 Ramadan					
3 Ramadan					
4 Ramadan					
5 Ramadan					
6 Ramadan					
7 Ramadan					
8 Ramadan					
9 Ramadan					
10 Ramadan					
11 Ramadan					
12 Ramadan					
13 Ramadan 14 Ramadan					
15 Ramadan					
16 Ramadan					
17 Ramadan					
18 Ramadan					
19 Ramadan					
20 Ramadan					
21 Ramadan					
22 Ramadan					
23 Ramadan					
24 Ramadan		00000			
25 Ramadan		00000			
26 Ramadan		00000			
27 Ramadan		00000			
28 Ramadan		00000			
29 Ramadan		00000			
30 Ramadan		••••			

QURAN READING LOG

DAY	JUZ	SURAH	AYAT

LAILATUL QADR PLANS



GOALS FOR LAILATUL QADR		
DUAS TO MAKE	SURAH TO RECITE	
TO DO	LIST	

SOP FOR MOSQUE & MUSOLLA

Adhere to the new norms in mosques to stop the spread of the Covid-19 pandemic.



Take wudhuk (water ablution) at home



Wear a face mask



Adopt physical distancing of 1 meter



Bring your own prayer mat

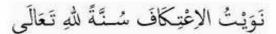


Check your body temperature and record your attendance by scanning the MySejahtera app before entering the mosque / musolla

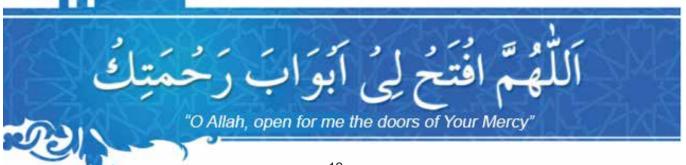
DUA FOR ENTERING MOSQUE

When entering mosque, enter with your right foot first and recite the dua.

After this make the intention of I'tikaaf by reciting:



"I intend the Sunnah of l'tikaaf because of Allah"



RAMADAN QUOTES

May these quotes can be your guide in this month of barakah (blessing).

Fasting is only 1% of not eating and drinking, the rest of the 99% is bringing your heart and soul closer to Allah.

Ramadan is not a stopping place where we stop doing bad things for a while, but it is a starting point for those who want to be a better Muslim.

Ramadan is gifted to you for: devotion, purification and gaining rewards in multiples.

Ramadan is like a friend. You have seen it today, you might not see it again.

The greatest loss is when a person goes through Ramadan, but not the slightest bit of goodness and change is taken after going through it.

Fasting is first and foremost, an exercise for identifying and managing adversity in all its forms.

With faith, in full conscience, fasting calls women and men to an extra degree of self-awareness

CHECKLIST FOR TRAVEL DURING RAMADAN

Book accommodations with ITC's Muslim-friendly Accommodation Recognition (MFAR) hotels
Perform Jamak and Qasar prayers to ease your travels
Visit the mosques at your destination while practising SOPs
Be safe and courteous towards other travellers and when in public
Avoid 3 Cs O Crowded places
Confined spacesClose conversations
Practise 3 Ws O Wash hands regularly with soap and water
 Wear masks
 Warn: Avoid touching others, practise good etiquette when sneezing and coughing, disinfect regularly, and get immediate medical attention if necessary



IFTAR EXPERIENCE



Enjoy Halal cuisine this Ramadan at ITC's Muslim-friendly Accommodation Recognition (MFAR) hotels.

Hotels under ITC's Muslim-friendly Accommodation Recognition Programme (MFAR) offer some of the nation's best mouth-watering Halal cuisine this Ramadan, perfect for your iftar indulgence. Some of the offerings include, but are not limited to, the following:



CITARASA MUHIBAH IFTAR BUFFET ZENITH PUTRAJAYA

1, Jalan P2A, Precint 2 62100 Putrajaya Booking +603 8893 9993 www.zenithputrajaya.com



CITA RASA

LOTUS DESARU BEACH RESORT

Lot 1854, Jalan Desaru 81930 Bandar Penawar, Johor Booking +607 884 2800 www.lotusdesaru.com



SANTAPAN IFTAR DORSETT GRAND SUBANG

Jalan SS 12/1, SS 12, 47500 Subang Jaya, Selangor Booking +603 5031 6060 www.dorsetthotels.com



RAMADAN SOUQ @ PERMAI

PERMAI HOTEL

Jalan Sultan Mahmud, Kampung Batu Buruk 20400 Kuala Terengganu, Terengganu Booking +609 622 2122 www.permaihotelkt.com.my



CITARASA IFTAR CHEF RAHIM

MITC HOTEL MELAKA

Jalan Konvensyen, 75450 Ayer Keroh, Melaka Booking +606 233 1551 www.mitchotel.com



SELERA RASA RAMADHAN

RESORTS WORLD LANGKAWI

Tanjung Malai, 07000 Langkawi, Kedah Booking +604 955 5111 www.rwlangkawi.com





JOM SUNGKEI!

PULLMAN KUCHING

1A, Jalan Mathies, 93100 Kuching, Sarawak Booking +6082 222 888 www.pullmankuching.com



INTERNATIONAL RAMADAN BUFFET

MARDHIYYAH HOTEL & SUITES

5, Persiaran Perbandaran, Seksyen 14 40000 Shah Alam, Selangor Booking +603 5511 8811 www.mardhiyyahhotel.com



THE JOURNEY OF IFTAR

PREMIERE HOTEL KLANG

Bandar Bukit Tinggi 1/KS6 Jalan Langat, 41200 Klang, Selangor Booking +603 3325 6800 www.premiere-hotels.com



JEMPUT MAKAN DI KAMPUNG RESORT CAFE

SUNWAY RESORT

Persiaran Lagoon, Bandar Sunway 47500 Selangor Booking +603 7495 2009 www.sunwayhotels.com



CHUP MAKAN DULU

DOUBLETREE BY HILTON KUALA LUMPUR

The Intermark, 348, Jalan Tun Razak Kampung Datuk Keramat, 50400 Kuala Lumpur Booking +603 2172 7272 www.kl.doubletreebyhilton.com



KUALA LUMPUR DAMANSARA

SELERA SERANTAU AT KWEE ZEEN

SOFITEL KUALA LUMPUR DAMANSARA 6 Jalan Damanlela, Bukit Damansara 50490 Kuala Lumpur

Booking +603 2720 6688 www.sofitel.com





SAJIAN WARISAN NUSANTARA

THE PEARL KUALA LUMPUR

Batu 5, Jalan Klang Lama, 58000 Kuala Lumpur Booking +603 7983 1111/8945/3306 www.pearl.com



AIR TANGAN BONDA RAMADAN BUFFET PERDANA KUALA LUMPUR CITY CENTRE

10 Jalan Binjai 50450 Kuala Lumpur Booking +603 7490 3443 www.perdana.attanahotels.com/perdana-klcc/



JUH BERBUKAK! IFTAR RAMADAN BAZAAR FIESTA

PULLMAN MIRI WATERFRONT

Lot 1347 Miri Waterfront Commercial Centre, 98000 Miri, Sarawak Booking +6016 863 9527 www.pullmanhotels.com



SANTAPAN IFTAR

GRAND ION DELEMEN HOTEL GENTING HIGHLANDS

Jalan Ion Delemen 1, Genting Highlands, 69000 Pahang Booking +603 6433 2200 www.iondelemenhotels.com

Note:

This list is not exhaustive.

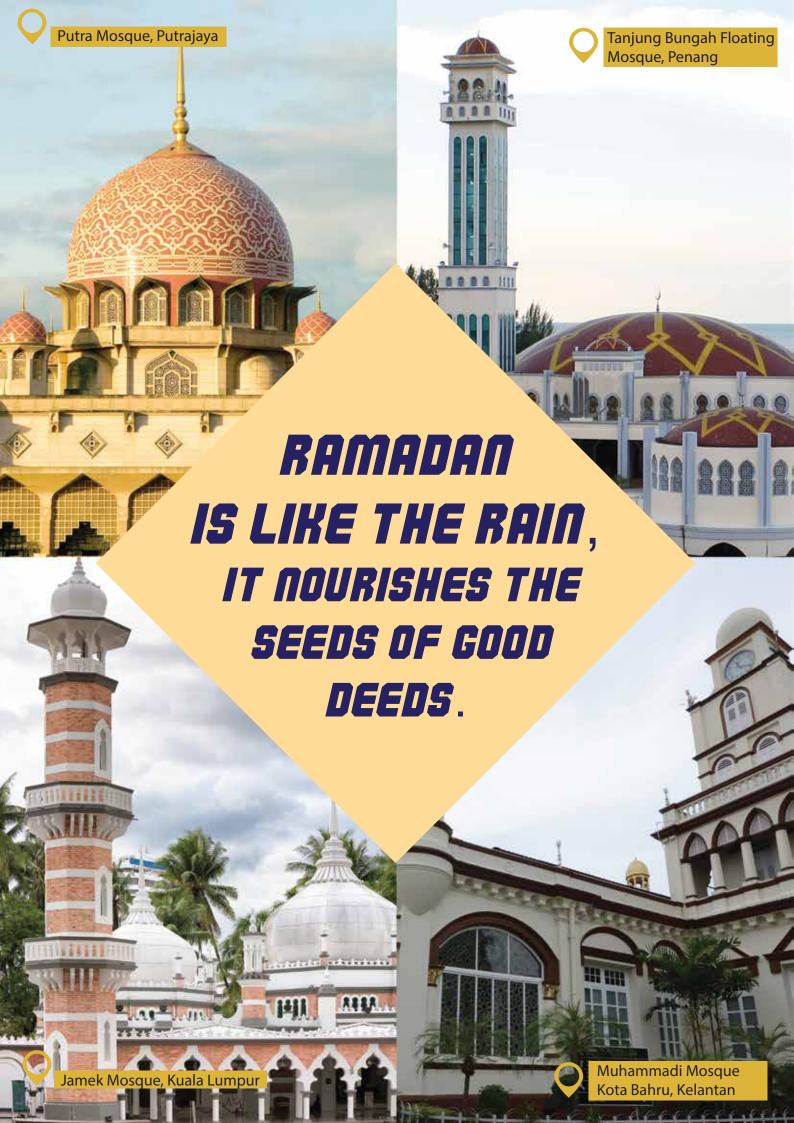
For more information, please visit

www.itc.gov.my or e-mail id@itc.gov.my

For the full list of ITC's MFAR hotels, please scan this QR code:



NOTES





Islamic Tourism Centre

✓ ITC_MY

♂ ITC_MY

Islamic Tourism Centre (Ministry of Tourism, Arts and Culture Malaysia) Level 13, No.2, Tower 1, Jalan P5/6, Presint 5, 62200 Putrajaya, Malaysia www.itc.gov.my

Tel: +603-8891 7177 • Fax: +603-8881 0686